



BHARTIYA VIDYA MANDIR SENIOR SECONDARY SCHOOL

2025-2026

CURRICULUM PATHWAY

**CLASS
VIII**

**KITCHLU NAGAR, LUDHIANA.
PHONE : 0161-2301523, 2303400**

Remodelled Assessment Structure Effective for Classes III to VIII Examination 2025-2026

1. Scholastic Areas :

Students will be assessed on 8 point grading scale.

Final result will comprise the marks of 2 Periodic Assessments and 2 Written Tests (Terms).

Periodic Assessment 20 marks + Written Test 80 Marks = 100 Marks in aggregate for each term.

Written Test will be conducted in each term for 80 marks in which students need to secure 33% marks (27 marks out of 80 marks).

Periodic Assessment will comprise 1 Periodic Test (10 marks) in each Term, Notebook Maintenance (5 marks) and subject Enrichment Activities (5 marks) out of which students need to secure 33% (7 marks out of 20).

Remodelled Assessment Structure for Classes III to VIII

Scholastic Area : The assessment structure and examination for classes III to VIII have been prepared in view of the provisions of RTE-Act 2009 and comprise of two terms i.e. Term-1 and 2 as explained below :

Subject	TERM-1 (100 marks) (1st half of the session) 20 marks Periodic Assessment (PA) + 80 marks for Half Yearly Exam		TERM-2 (100 marks) (2nd half of the session) 20 marks Periodic Assessment (PA) + 80 marks for Yearly Exam	
	PA 20 marks	Half Yearly Exam	PA 20 marks	Yearly Exam
Language-1				
Language-2	* Periodic Test 10 marks with syllabus covered till announcement of test dates by school.	*Written exam for 80 marks with syllabus covered till announcement of Half Yearly exam dates by school	* Periodic Test 10 marks with syllabus covered till announcement of test dates by school	* Written exam for 80 marks with syllabus coverage as below :
Language-3				
Mathematics				
Science	* Note Book Submission 5 marks at term-end		* Note Book Submission 5 marks at term-end	Classes III to VI : 10% of 1st term covering significant topics
Social Science				* entire syllabus of 2nd term
Any other	* Subject Enrichment 5 marks at term-end		* Subject Enrichment 5 marks at term-end	Class VII : 20% of 1st term covering significant topics
				* entire syllabus of 2nd term
				Class VIII : 30% of 1st term covering significant topics
				* entire syllabus of 2nd term

2. Co-Scholastic Areas :-

- * Co-Scholastic Activities will be assessed on a 3 point grading scale.
- *Co-Scholastic area will cover Work Education/Art Education/Health and Physical Education.
- * Students will be graded by the class teachers for discipline on a 3 point grading scale considering the attendance, sincerity, behaviour and values.

**BHARTIYA VIDYA MANDIR SENIOR SECONDARY SCHOOL
LUDHIANA**

EXAMINATION SCHEDULE (TENTATIVE DATES) (2025-26)

Exams	III-VIII
PT1	13th May, 2025 to 20th May, 2025
TERM 1	12th Sept. 2025 to 30th Sept. 2025
PT 2	7th Dec. 2025 to 14th Dec. 2025
FINAL TERM	20th Feb. 2026 to 12th March 2026

SYLLABUS FOR SESSION 2025-26

CLASS-VIII

SUBJECT : ENGLISH

BOOKS :

1. Literature Book : Honey Dew (NCERT)
2. Supplementary Book : It So Happened (NCERT)
3. Grammar Book : BBC Compacta (Brajindra Publishers)

APRIL			
Topics	Skills	Art Integrated Activities	Learning Objectives
Notice Writing, Factual Description (Person, Place), Determiners, Editing Ch-1 The Best Christmas Present in the World Ch-2 The Tsunami Poem – The Ant and the Cricket Supplementary : L-1 How the Camel got its Hump	Acquisition of work ethics Expressions and Reactions Value of Working hard & smart	Gift Wrapping Talk show on Nature	Communication Skills, Functional Skills Empathy, Problem Solving Problem Solving, Decision Making Time Management & Organisation, Critical Thinking Team Work and Collaboration
MAY			
Diary Entry, Formal applications and letters to higher authorities, Tenses Ch-3 Glimpses of the Past Poem – Geography Lesson Supplementary : Ch-2 Children at Work	Boosting Personal Traits Preservance and Persistence with the Past.	Role Play Poem Recitation on My City	Coping with emotions, decision making Critical Thinking Emotional Skills
JULY			
Story Development, Article Writing (Culture and Environment), Modals, Re-arrangement Ch-4 Bepin Chaudhary's lapse of Memory	Group Discussion and Planning skills	Tips to boost memory	Empathy, coping with emotions

Poem – The Last Bargain Supplementary : Ch-3 The Selfish Giant	Self Contentment		Critical thinking Emotional intelligence, empathy
AUGUST			
Speech Writing, Unseen Comprehension, Voice in Procedure, Omissions. Ch-5 The Summit Within Supplementary : Ch-4 The Treasure Within	Capturing and Understanding	Discussion over success stories	Functional Skills, Art of Comprehending Critical thinking, decision making, Goal setting, Problem Solving
OCTOBER			
Notice Writing, Description Writing, Prepositions, Conjunctions Ch-6 This is Jody's Fawn Poem- On the Grasshopper and Cricket Supplementary : Ch-5 Princess September	Life Skill-Give and Take Future Management Reading Skill	Design a cover based on lesson	Communication Skills, Functional Skills Coping with emotions Critical thinking Empathy, Coping with emotions
NOVEMBER			
Article and Speech Writing (Traffic), Reported Speech (Dialogue Form) Editing, Omissions Ch-7 A Visit to Cambridge Poem- The School Boy Supplementary : Ch-6 The Fight	Exploring potentials Liberty and Creativity Reading Skill	Make a gratitude card Express yourself-Why do I go to school	Critical thinking & Problem Solving Coping with emotions Adaptability, Emotional Skills

DECEMBER			
Formal Letters to Editor, Non-Finites Ch-8 A Short Monsoon Diary Supplementary : Ch-7 Jalebis	Adaptability Reading Skill	Paste picture of John Keats and write about it.	Creativity, Coping with emotions. Critical thinking, emotional skills
JANUARY			
Unseen Comprehension, Dialogue Writing, Sentence Re-ordering Supplementary : Ch-8 Ancient Education System in India	Story Telling		Communication and functional skills Critical thinking, Information literacy
FEBRUARY			
Annual Examination			

SUBJECT : COMPUTER

BOOK : CLICK CODE CONNECT (PEARSON)

April to August

April	Ch-1	Networking Concepts
May	Ch-2	Introduction to Access 2016
July	Ch-3	Advanced Features of Access 2016
August	Ch-4	Introduction to Adobe Photoshop 2020

October to February

October	Ch-5	Inserting images and lists in HTML 5
November	Ch-6	Creating tables and hyperlinks in HTML 5
December	Ch-7	Lists in Python
January	Ch-9	App Development
February		Annual Exam

SUBJECT : HINDI**निर्धारित पुस्तकें :**

- वसंत भाग-3 (NCERT)
- मधुर हिन्दी व्याकरण तथा रचना भाग-3 (कक्षा आठ के लिए) पी. पी. पब्लिकेशंस

- नोट—** (1) सम्पूर्ण पाठ्यक्रम दो आवधिक भागों में विभाजित होगा।
- (2) परीक्षा में पठित गद्यांश व 'केस स्टडी' आधारित अपठित गद्यांश पूछे जाएँगे।
- (3) प्रत्येक अवधि में अभ्यास-पुस्तिका तथा विषय संवर्धन गतिविधियों के पाँच-पाँच अंक होंगे।
- (4) सभी पाठों से संबंधित कला एकीकृत गतिविधियाँ करवाई जाएँगी।
- (5) मई व दिसंबर में 1-1 Periodic Test होगा।

APRIL			
प्रकरण	कला एकीकृत गतिविधि	जीवन कौशल मूल्य	अधिगम/उद्देश्य
पाठ्य पुस्तक पाठ-1 लाख की चूड़ियाँ पाठ-2 बस की यात्रा व्याकरण - स्वर संधि : (दीर्घ व गुण) - शब्द की परिभाषा - विराम चिह्न	शहरी व ग्रामीण जीवन में तुलनात्मक चर्चा यात्रा वृत्तांत व अनुभव	संवेदना, जाति-भेद पर चिंतन, कुटीर उद्योगों व हस्तकारीगरो की दशा की जानकारी, अभिव्यक्ति कौशल आलोचनात्मक चिंतन, अभिव्यक्ति कौशल, परस्पर सहयोग की भावना उच्चारण शुद्धता	घरेलू उद्योगों का भारतीय समाज में महत्व से अवगत करवाना यातायात के साधनों का महत्व, प्रतिकूल परिस्थितियों में सामंजस्य स्थापित करना भाषा विस्तार
MAY			
पाठ्य पुस्तक पाठ-3 दीवानों की हस्ती (कविता) व्याकरण - अनुस्वार, उपसर्ग (हिंदी व संस्कृत) - अनुच्छेद - सामाजिक समस्या आधारित - शिकायती पत्र	काव्यांश लेखन व कविता गायन, कवि परिचय विषय संबंधी अन्य विषयों का अभ्यास	आशावादी सोच, भावनात्मक जुड़ाव, सहभागिता सामाजिक उत्तरदायित्व	जीवन में उत्साह बनाए रखना, निःस्वार्थ भावना का विकास सामाजिक समस्याओं को जानना

JULY

पाठ्य पुस्तक पाठ-4 भगवान के डाकिए (कविता) पाठ-5 क्या निराश हुआ जाए व्याकरण समास (अव्ययीभाव व तत्पुरुष), कृत प्रत्यय अनुच्छेद-यात्रा वृत्तांत ई-मेल लेखन	कविता पाठ व काव्य सौंदर्य पर चर्चा संस्मरण व्याख्यान शाब्दिक चित्रण	प्रकृति प्रेम, सद्भावना सामाजिक उत्तरदायित्व इंटरनेट का उपयोग	- संदेश वाहकों की जानकारी एकता व सद्भावना का विकास - सफलता के लिए आशा व सकारात्मक सोच की आवश्यकता अभिव्यक्ति कौशल, सृजनात्मकता का विकास
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AUGUST

पाठ्य पुस्तक पाठ-6 यह सबसे कठिन समय नहीं पाठ-9 जहाँ पहिया है व्याकरण - अर्थ के आधार पर वाक्य भेद (विधानवाचक, विस्मयवाचक, प्रश्नवाचक, आदेशवाचक) - मुहावरे 1-25 (अर्थ व वाक्य) - विज्ञापन-लेखन (उत्पाद संबंधी)	प्रेरणादायक कहानी या प्रसंग सुनाना विभिन्न साइकिलों के चित्र लगाना व्याकरणिक अवधारणाओं का अभ्यास	प्रेरणात्मक जीवन जीने की भावना महिला सशक्तिकरण का सामाजिक महत्त्व अभिव्यक्ति कौशल	विषमताओं का सामना करना, प्रत्येक परिस्थिति में उत्साह बनाए रखना दक्षिण भारतीय ग्रामीण संस्कृति की जानकारी सृजनात्मकता
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SEPTEMBER

लघुकथा लेखन अप्रैल से अगस्त तक के पाठ्यक्रम की पुनरावृत्ति	सृजनात्मक अभिव्यक्ति	लेखन कौशल	अभिव्यक्ति व सृजनात्मक कौशल
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विषय संवर्धन गतिविधि : श्रुतभाव ग्रहण

प्रथम आवधिक परीक्षा

नोट : सभी पाठों के प्रश्न उत्तर, शब्दार्थ, शुद्ध शब्द व भाषा की बात करवाई जाएगी।

OCTOBER			
पाठ्य पुस्तक पाठ-7 कबीर की साखियाँ पाठ-8 सुदामा-चरित पाठ-10 अकबरी लोटा व्याकरण - अनुच्छेद : आँखों देखी घटना/दुर्घटना, हमारे मौलिक अधिकार - विराम चिह्न (सभी)	दोहा गायन व कवि परिचय नाट्य रूपांतरण हास्य-व्यंग्य प्रसंग वाचन	आध्यात्मिक चिंतन व भक्तिकालीन इतिहास का परिचय मैत्री-भावना व दयालुता व्यंग्य की समझ व मानवीय प्रवृत्ति के पहलुओं को जानना अभिव्यक्ति कौशल	भक्तिकालीन कवियों की जानकारी सच्ची मित्रता का महत्व आलोचनात्मक दृष्टिकोण सृजनात्मकता, भाषा की समझ, संविधान की जानकारी
NOVEMBER			
पाठ्य पुस्तक पाठ-11 सूर के पद पाठ-12 पानी की कहानी व्याकरण - पद की परिभाषा - अनुनासिक - अनुस्वार, प्रत्यय कृत - उपसर्ग, संपादकीय पत्र/ई-मेल	सूरदास की अन्य रचनाएँ जलचक्र का चित्र	साहित्य ज्ञान व अध्यात्म, खड़ी बोली के शब्दों की जानकारी विज्ञान व प्रकृति का आपसी संबंध अभिव्यक्ति कौशल	कवि परिचय, प्रांतीय भाषा का ज्ञान जल संरक्षण भाषा-ज्ञान सोशल मीडिया संचार संपर्क सूत्र
DECEMBER			
व्याकरण संधि, समास (सभी), अव्ययीभाव, तत्पुरुष, कर्मधारय, द्विगु, द्वंद्व, बहुव्रीहि, विज्ञापन तथा ई-मेल लेखन	व्याकरणिक अवधारणाओं का अभ्यास	सृजनात्मक कौशल	सोशल मीडिया के विभिन्न आयामों की जानकारी
JANUARY			
पाठ्य-पुस्तक पाठ-13 बाज और साँप व्याकरण लघुकथा लेखन	जानवरों की प्रकृति पर आधारित कहानियाँ लेखन कौशल	महत्वाकांक्षा व लक्ष्य पाने के संघर्ष की प्रेरणा, सहानुभूति की भावना	जीवन को असाधारण बनाने की प्रेरणा, साहसपूर्ण जीवन सृजनात्मकता
विषय संवर्धन गतिविधि : पत्र वाचन/दोहा गायन			

FEBRUARY

अक्टूबर से जनवरी तक
पाठ्यक्रम की पुनरावृत्ति एवं
वार्षिक परीक्षा

नोट— सभी पाठों के प्रश्न-उत्तर, शब्दार्थ व भाषा की बात करवाई जाएगी।

सभी आवधिक परीक्षाओं में निम्न विकल्प दिए जाएँगे :

1. अनुच्छेद (दो में से एक)
2. पत्र व ई-मेल में (दो में से एक)
3. विज्ञापन (दो में से एक)
4. लघु कथा लेखन (दो में से एक)

SUBJECT : PUNJABI

ਪਾਠ-ਪੁਸਤਕ : 1. ਨਿੱਕੀਆਂ ਕਣੀਆਂ ਪੰਜਾਬੀ ਪਾਠ-ਪੁਸਤਕ ਭਾਗ-8 (ਐਵਰਗਰੀਨ ਪਬਲੀਕੇਸ਼ਨਜ਼)

2. ਪੰਜਾਬੀ ਵਿਆਕਰਨ ਅਤੇ ਲੇਖ ਰਚਨਾ ਭਾਗ-8 (ਐਵਰਗਰੀਨ ਪਬਲੀਕੇਸ਼ਨਜ਼)

ਨੋਟ : 1. ਪਾਠ-ਪੁਸਤਕ ਵਿੱਚੋਂ ਸ਼ਬਦ-ਅਰਥ, ਵਾਕ ਬਣਾਉ, ਖਾਲੀ ਥਾਂਵਾਂ, ਪ੍ਰਸ਼ਨ-ਉੱਤਰ (ਸੰਖੇਪ ਅਤੇ ਵਿਸਥਾਰ ਸਹਿਤ) ਪੁੱਛੇ ਜਾਣਗੇ।

2. ਹਰ ਅਵਧੀ ਵਿੱਚ ਅਣਡਿੱਠਾ ਪੈਰਾ ਅਤੇ ਕਾਵਿ-ਟੁਕੜੀ ਦੇ ਕੇ ਪ੍ਰਸ਼ਨ ਪੁੱਛੇ ਜਾਣਗੇ।

3. ਹਰ ਅਵਧੀ ਵਿੱਚ ਚਿੱਤਰ ਵਰਨਣ ਪੁੱਛਿਆ ਜਾਵੇਗਾ।

4. ਪਹਿਲੀ ਅਵਧੀ ਦੇ ਵਿਰੋਧੀ ਸ਼ਬਦ, ਸ਼ੁੱਧ ਕਰੋ, ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ, ਲਿੰਗ ਬਦਲੋ ਅਤੇ ਸੰਬੰਧਕ ਦੂਜੀ ਅਵਧੀ ਵਿੱਚ ਵੀ ਪੁੱਛੇ ਜਾਣਗੇ।

ਪਹਿਲੀ ਅਵਧੀ APRIL			
ਪਾਠ ਪੁਸਤਕ/ਵਿਆਕਰਨ	ਪਾਠ-ਸੂਝ	ਕਿਰਿਆਤਮਕ ਕਾਰਜ	ਜੀਵਨ ਕੌਸ਼ਲ
1. ਅਰਦਾਸ (ਕਵਿਤਾ) 2. ਮਹਾਤਮਾ ਬੁੱਧ (ਜੀਵਨੀ) 3. ਅਹਿਸਾਸ (ਕਹਾਣੀ) ਵਿਆਕਰਨ 1. ਕਿਰਿਆ-ਵਿਸ਼ੇਸ਼ਣ 2. ਮੁਹਾਵਰੇ 1 ਤੋਂ 20 3. ਵਿਰੋਧੀ ਸ਼ਬਦ (ਉਸਤਤ ਤੋਂ ਇੱਜ਼ਤ)	ਚੰਗੇ ਗੁਣ ਧਾਰਨ ਕਰਨ ਦੀ ਮਹਾਤਮਾ ਬੁੱਧ ਦੇ ਜੀਵਨ ਬਾਰੇ ਜਾਣਕਾਰੀ ਨਕਲ ਕਰਨ ਦੇ ਨੁਕਸਾਨ	ਸੁਣਨ ਕੌਸ਼ਲਤਾ	ਨਿਮਰਤਾ ਅਹਿੰਸਾ ਸਵੈ-ਜਾਗਰੂਕਤਾ
MAY			
4. ਅਖਬਾਰ ਦੀ ਕਹਾਣੀ (ਲੇਖ) 5. ਆਲਸ ਛੱਡੋ (ਕਵਿਤਾ) 6. ਕੁਸ਼ਤੀ ਦਾ ਧਰੂ-ਤਾਰਾ ਕਰਤਾਰ ਸਿੰਘ (ਜੀਵਨੀ) (ਪਠਨ) ਵਿਆਕਰਨ 1. ਮੁਹਾਵਰੇ 21 ਤੋਂ 40 2. ਲੇਖ (ਯਾਤਰਾਵਾਂ) 3. ਪੱਤਰ (ਨਿੱਜੀ) 4. ਵਿਸਰਾਮ ਚਿੰਨ੍ਹ (ਦੁਹਰਾਈ)	ਅਖਬਾਰ ਦੀ ਖੋਜ ਬਾਰੇ ਜਾਣਕਾਰੀ ਆਲਸ ਦਾ ਤਿਆਗ ਕਰਨ ਦਾ	ਅਖਬਾਰ ਦੀਆਂ ਸੁਰਖੀਆਂ (ਪੰਜ)	ਗਿਆਨ ਵਰਧਕ ਗੱਲਾਂ ਉੱਦਮ ਕਰਨ ਦੇ ਫਾਇਦੇ
JULY			
7. ਮਰੂਡਾ (ਕਹਾਣੀ) 8. ਢੋਲੀਆ ਵੇ ਢੋਲੀਆ (ਕਵਿਤਾ) 9. ਪੰਜਾਬੀਆਂ ਦੇ ਰਸਮ ਰਿਵਾਜ (ਲੇਖ) ਪਠਨ	ਪੜ੍ਹਾਈ ਦੀ ਮਹੱਤਤਾ ਬਾਰੇ ਕਿਸਾਨ ਦੇ ਜੀਵਨ ਬਾਰੇ	ਕੋਈ ਪੰਜ ਪ੍ਰਸਿੱਧ/ਕਾਮਯਾਬ ਔਰਤਾਂ ਦੇ ਚਿੱਤਰ ਚਿਪਕਾਉ।	ਸਤਿਕਾਰ ਚੇਤਨਤਾ

ਵਿਆਕਰਨ 1. ਸੰਬੰਧਕ 2. ਬਹੁਤੇ ਸ਼ਬਦਾਂ ਦੀ ਥਾਂ ਇੱਕ ਸ਼ਬਦ (ਹਰ ਵਰਿਆਈ ਤੋ ਅਨੰਦ ਕਾਰਜ) 3. ਸ਼ੁੱਧ ਕਰੋ ਚਾਰਟ 5 ਤੋਂ 10 4. ਲਿੰਗ ਬਦਲੋ ਚਾਰਟ 7 ਤੋਂ 9 5. ਅਖਾਣ 1 ਤੋਂ 10			
AUGUST			
10. ਵਾਰਸ (ਨਾਟਕ) ਪਠਨ 11. ਮਾਂ ਬੋਲੀ ਪੰਜਾਬੀ (ਕਵਿਤਾ) 12. ਡਾ. ਅੰਬੇਡਕਰ (ਜੀਵਨੀ)	ਮਾਂ-ਬੋਲੀ ਨੂੰ ਪਿਆਰ ਕਰਨਾ ਡਾ. ਅੰਬੇਡਕਰ ਦੇ ਜੀਵਨ ਬਾਰੇ		ਸਤਿਕਾਰ ਸੰਘਰਸ਼
ਵਿਆਕਰਨ 1. ਸਮਾਸੀ ਸ਼ਬਦ (ਆਪਣਾ-ਪਰਾਇਆ ਤੋਂ ਲਾਲ-ਸੂਹਾ) 2. ਅਗੇਤਰ (ਉਪ ਤੋਂ ਖੁਸ਼) 3. ਬਹੁ-ਅਰਥਕ ਸ਼ਬਦ (71 ਤੋਂ 20)			
ਦੂਜੀ ਅਵਧੀ			
OCTOBER			
13. ਬਾਕੀ ਸਭ ਸ਼ੁੱਖ-ਸਾਂਦ ਹੈ (ਕਹਾਣੀ) 14. ਪ੍ਰਮਾਣੂ ਊਰਜਾ (ਲੇਖ) 15. ਵਿੱਦਿਆ ਦਾ ਚਮਤਕਾਰ (ਕਵਿਤਾ)	ਪਿੰਡ ਦੇ ਲੋਕਾਂ ਦੀ ਆਰਥਕ ਤੰਗੀ ਬਾਰੇ ਪ੍ਰਮਾਣੂ ਊਰਜਾ ਦੀ ਮਹੱਤਤਾ ਬਾਰੇ ਵਿੱਦਿਆ ਦੀ ਮਹੱਤਤਾ ਬਾਰੇ	ਕਵਿਤਾ ਗਾਇਨ ਕੋਈ ਪੰਜ ਵਿਗਿਆਨ ਦੀਆਂ ਕਾਢਾਂ ਲਿਖੋ।	ਪਰ-ਉਪਕਾਰ ਆਲੋਚਨਾਤਮਕ ਰਚਨਾਤਮਕ
ਵਿਆਕਰਨ 1. ਵਿਸਮਿਕ ਦੀ ਪਰਿਭਾਸ਼ਾ ਅਤੇ ਕਿਸਮਾਂ 2. ਵਚਨ ਬਦਲੋ ਚਾਰਟ 1 ਤੋਂ 6 ਤੱਕ 3. ਅਖਾਣ (11 ਤੋਂ 20) 4. ਮੁਹਾਵਰੇ (41 ਤੋਂ 60)			
NOVEMBER			
16. ਬੰਦਾ ਬਹਾਦਰ (ਜੀਵਨੀ) 17. ਪਰਛਾਵੇਂ (ਕਹਾਣੀ) 18. ਬੇਗਾਨੀ ਧੀ (ਇਕਾਂਗੀ)	ਬੰਦਾ ਬਹਾਦਰ ਦੇ ਜੀਵਨ ਬਾਰੇ ਦੇਸ਼ ਵੰਡ ਵੇਲੇ ਹੋਏ ਦੰਗਿਆਂ ਬਾਰੇ ਦਹੇਜ ਪ੍ਰਥਾ ਬਾਰੇ	ਬੰਦਾ ਬਹਾਦਰ ਦਾ ਚਿੱਤਰ ਚਿਪਕਾ ਕੇ ਪੰਜ ਵਾਕ ਲਿਖੋ।	ਬਲੀਦਾਨ ਭਾਈਚਾਰਾ ਸਮਾਨਤਾ

ਵਿਆਕਰਨ 1. ਪਿਛੇਤਰ (ਸਾਰ ਤੋਂ ਮੰਦ) 2. ਮੁਹਾਵਰੇ (61 ਤੋਂ 80) 3. ਸਮਾਨਾਰਥਕ ਸ਼ਬਦ (ਜ਼ਿੰਦਗੀ ਤੋਂ ਵੈਰੀ) 4. ਲੇਖ (ਸਮੱਸਿਆਵਾਂ) 5. ਪੱਤਰ (ਸ਼ਿਕਾਇਤੀ)			
DECEMBER			
19. ਸੱਭਿਆਚਾਰ ਦੀ ਸੰਭਾਲ (ਕਵਿਤਾ) 20. ਕਸਤੂਰੀ ਵਾਲਾ ਮਿਰਗ (ਕਹਾਣੀ) ਪਠਨ 21. ਮਹਾਨ ਵਿਗਿਆਨੀ- ਐਲਫਰਡ ਨੋਬਲ (ਜੀਵਨੀ) ਵਿਆਕਰਨ 1. ਸਮਾਸੀ ਸ਼ਬਦ (ਖੁਸ਼ੀ-ਗਮੀ ਤੋਂ ਵਿਸ਼ਾ-ਸੂਚੀ) 2. ਵਿਸਰਾਮ ਚਿੰਨ੍ਹ (ਦੁਹਰਾਈ)	ਸੱਭਿਆਚਾਰ ਬਾਰੇ ਐਲਫਰਡ ਨੋਬਲ ਦੇ ਜੀਵਨ ਬਾਰੇ		ਜਾਗਰੂਕਤਾ ਇਨਸਾਨੀਅਤ
JANUARY			
22. ਹੇਮਕੁੰਟ ਸਾਹਿਬ ਦੀ ਯਾਤਰਾ (ਲੇਖ) ਪਠਨ 23. ਫ਼ੌਜਣ (ਇਕਾਂਗੀ) ਪਠਨ 24. ਅੰਤਰ ਰਾਸ਼ਟਰੀ ਯੋਗ ਦਿਵਸ (ਲੇਖ)	ਯੋਗ ਆਸਣਾਂ ਬਾਰੇ	ਯੋਗ ਦੇ ਪੰਜ ਲਾਭ ਲਿਖੋ।	ਸਵੈ-ਜਾਗਰੂਕਤਾ
FEBRUARY			
ਅਕਤੂਬਰ ਤੋਂ ਜਨਵਰੀ ਤੱਕ ਕਰਵਾਏ ਗਏ ਸਿਲੇਬਸ ਦੀ ਦੁਹਰਾਈ ਅਤੇ ਸਲਾਨਾ ਪ੍ਰੀਖਿਆ			

SUBJECT : MATHS

BOOKS : Text Book for Class VIII (NCERT)

APRIL			
Chapter	Learning Objectives	Art Integrated Activities	Life Skill Generated
Ch-5 Squares and Square Roots	Finding squares, square roots by different Methods	To add triangular Numbers to get square numbers using Bindis	Problem Solving, Critical thinking
Ch-6 Cubes and Cube Roots	Finding Cubes and Cube Roots	To make a cube root clock	Problem Solving, Accessing, Analysing
MAY			
Ch-1 Rational Numbers	Positioning of Numbers, Addition, Subtraction, Multiplication and Division	To represent Negative Rational Number on number line.	Number System, Basic Operations, Written Communication
Ch-2 Linear Equation in one variable	Finding the missing numbers	To find the solution of an equation using tabular form.	Real life applications, Collaboration
JULY			
Ch-3 Understanding Quadrilaterals	Find the missing angles.	Prepare a flow chart showing quadrilaterals using Paper Cutting.	Critical Thinking, Imagination
Ch-4 Data Handling	Pie chart, chance and Probability	Prepare a pie chart representing routine activities of yourself.	Logical Thinking, Curiosity
AUGUST			
Ch-11 Direct and Inverse Proportions	Real Life Situations	Formula based for easy understanding. To explain the concept of direct and inverse proportion pictorially and graphically.	Real Life Applications, Agility, Collaboration
OCTOBER			
Ch-7 Comparing Quantities	Ratio and Percentage, Sales Tax and Discount Percentage, Compound Interest	Prepare a bill showing sale and purchase of different items with GST (added) applied	Managing Money, Calculative Skills
Ch-8 Algebraic Expressions and Identities	Variables, Constants, Terms and Identities	To prepare a spinning wheel of Algebraic identities.	Problem Solving, Collaboration

NOVEMBER			
Ch-9 Mensurations	Area of Trapezium, Rhombus, Surface Area of 3-D Shapes, Volume of a 3-D shapes	To find out the formulae of Surface Area of cylinder by Paper Cutting and Pasting	Real Life applications, Analysing
Ch-10 Exponents and Powers	Laws of Exponents	To prepare a foldable wheel of Laws of Exponents	Quick Calculations, Initiative
DECEMBER			
Ch-12 Factorisation	Common Factors, Identities	To factorise by method of middle term splitting using tabular form.	Analytic, Imaginations
JANUARY			
Ch-13 Introduction to Graphs	Linear Gaps, Co-ordinates	To draw different regular Polygons for Plotting Points on the graph.	Analysis, Accessing
FEBRUARY			
Annual Examination			

SUBJECT : WORK EDUCATION

Topic	Activity	Life Skill
1. To maintain your school bag.	Demonstration	Tasks with a structured mindset, manage the things by own.
2. Funk with junk	Best out of waste	Reduce, Reuse, Recycle
3. Tie map / Graph with answer sheets using thread.	Demonstration	A clean and organised answer sheet
4. Adopt a plant / Taking care of plants	Gardening Activity	Importance of Greenery
5. Salad making / Cooking without fire	Cooking Activity	Daily life skill, makes the student self-dependent.

SUBJECT : SCIENCE

APRIL			
Chapter/Topic	Learning Objectives	Activities	Skills
L-1 Crop Production and Management	- to understand production and management of crops. - to know various agricultural practices.	Collection of seeds of Rabi and Kharif crops	- Observation - Aesthetic - Foster curiosity
L-2 Micro-organisms : Friend and Foe	- to identify various types of micro-organisms - to know benefits and harmful effects of micro-organisms.	To examine food items of everyday consumption and methods used for their preservation.	- Critical Thinking - Investigatory - Presentation Skills
MAY			
L-3 Coal and Petroleum	- To explore about formation of coal and petroleum - to know about conservation of fossil fuels.	Group discussion on conservation of natural resources.	- Analytical - Global awareness - Inquisitiveness
JULY			
L-4 Combustion and Flame	- to understand process of combustion - to observe various zones of flame.	Experiment to show different zones of candle flame.	- Observation - Critical thinking - Scientific Skill
L-5 Conservation of Plants and Animals	to identify causes of loss of biodiversity and to explore the consequences and steps taken to conserve.	Role play on different kinds of endangered and extinct animals.	- Collaboration - Leadership - Environmental awareness
AUGUST			
L-6 Reproduction in Animals	- to understand sexual reproduction in human. - concept of test tube babies. - to know about asexual reproduction : Amoeba, Hydra.	To show permanent slides of asexual reproduction in Amoeba and Hydra.	- Artistic - Foster Curiosity - Social Equality

L-7 Reaching the age of Adolescence	- to understand adolescence and various changes associated - to know the condition for good reproductive health.	- Poster Making : Say 'No' to drugs. Or - Survey Report	- Problem Solving - Flexibility - Responsibility
* Symbols and Atomic Numbers of First 10 Elements of Periodic Table.			
OCTOBER			
L-8 Force and Pressure	- to understand and concept of force and pressure - to observe its various types	Picture pasting on topic - types of forces.	- Real Life Applications - Critical thinking
L-9 Friction	to understand concept of friction and its types.	Group discussion : Application of Friction	- Real Life Applications - Integrity
NOVEMBER			
L-10 Sound	- to identify different sources of sound. - to know about various modes through which sound travel.	to show/identify the vibrating parts of different musical instruments.	- Foster Curiosity - Inquisitiveness
L-11 Chemical Effects of Electric Current	to identify conductors of electricity and understand the chemical effects.	Picture collection of Electroplated objects.	- Observation - Analytic - Critical thinking
DECEMBER			
L-12 Some Natural Phenomenon	- to know destructive natural phenomenon- lightning and earthquake. - to learn steps taken to minimise destruction caused by these.	Model making : Electroscope	- Creative thinking - Problem Solving
JANUARY			
L-13 Light	- to understand law of reflection of light. - to explore structure of human eye.	Chart making : Structure of Human eye.	- Artistic - Observation - Knowledge
FEBRUARY			
Annual Examination			

* Symbols and Atomic Numbers of 11 to 20 Elements of Periodic Table.

SUBJECT : SOCIAL SCIENCE

APRIL			
Chapter/Topic	Learning Objectives	Art Integrated Activity	Life Skills Generated
1. Resources	- Importance of resources for human survival - Classification and understanding of Resources	Classification of Resources in Tabular form.	Awareness Analytical Skills
2. Land, Soil, Water, Natural Vegetation and Wild Life Resources (General Chapter)	Judicious use of natural resources such as Water, Soil, Forest, etc. to maintain developments in all areas	Project on Endangered species.	Making connections, Problem Solving
3. How, When and Where	Finding about how things were in the past and how they have changed.	Draw time line.	Making connections
MAY			
4. The Indian Constitution (General Chapter)	Interpret social and political issues in one's own region with reference to the Constitution of India.	Poster making on Fundamental Rights.	Practical knowledge of Rights and Duties.
5. Understanding Secularism	Compare and contrast the concept of Secularism and Indian Secularism with examples.	Pen down a case of Religious dispute in the country and how the govt. dealt with it.	Making Connections Self Awareness
JULY			
6. From Trade to Territory	- Decline of Mughal Empire - Rise of East India Company - Introduction of New Policies by the British	Quiz	Active Listening Skills Deal with failure.
7. Ruling the Countryside (General Chapter)	Differences in the impact of Colonial policies in different regions of country like the Indigo Rebellion.	Synopsis of the Blue Rebellion	Critical thinking Perspective Taking

8. Parliament and the Making of Laws	• Explain how Parliamentary Govt. works, Structure of Parliament	Mock Parliament	Leadership qualities and Decision Making
AUGUST			
9. Judiciary	• Functioning of Judicial System in India • Controversial and Unpopular Laws	Role play on Judicial System	Making connections and Awareness
10. Agriculture	• Detailed information about various crops • Types of Farming • Agricultural Practices in different parts of country • Map Work : Location of Major Crops on India Political Map (Rice, Wheat, Jute, Coffee, Cotton, Tea)	Scrap file on different types of crops and the weather conditions.	Self directed engaged learning
OCTOBER			
1. Industries (General Chapter)	• Classification of Industries • Role of Industries in Economic Growth • Role of TISCO	Tree diagram on classification of Industries.	Creative thinking Self Management
2. When People Rebel (1857 and After)	• Origin, Nature and Spread of Revolt of 1857 and lessons learnt from it.	Frame a calendar of spread of Rebellion of 1857.	Decision Making, Leadership Skills
3. Women, Caste and Reform	• Analyse issues related to Caste, Women equality, Widow remarriage, Child marriage • Social Reforms, Laws and Policies towards these issues.	Pen down about any women influencer.	Analytical Skills, Critical thinking
NOVEMBER			
4. Human Resources	• Interprets World Map for uneven distribution of population • Humans as most important Resource	Cross word puzzle	Perspective thinking, Awareness

5. Understanding Marginalisation	Analyses of causes and consequences of Marginalisation faced by disadvantaged sections of one's own regions.	Write about any marginalised community.	Empathy with others, Self directed learning
6. Confronting Marginalisation	- Identifies role of government in providing equality to all social groups. - Reservation policy.	Fars and Against of Reservation Policy	Taking on Challenges, Focus and Self-Control
DECEMBER			
7. The Making of National Movement (1870-1947) (General Chapter)	- Outline the course of Indian National Movement from 1870's till independence. - Analysis of significant development in the process of Nation Building.	Model Making or National Movement	Self awareness, Decision Making
JANUARY			
8. Public Facilities	Identify the role of government in providing public facilities such as water, sanitation, road, etc. and recognises their availability.	Practical implication of Voting and Grading System	Problem Solving, deal with failure
9. Law and Social Justice (General Chapter)	- Describes role of government in regulating economic activities. - Formation of new laws for protection of environment.	Submit an analytical Report on Bhopal Gas Tragedy	Critical thinking, Self awareness

MAP WORK FOR TERM-I : INDIA POLITICAL MAP

1. All States, Capital and Union Territories
2. Name and locate producer states : Cotton, Rice, Wheat, Jute, Tea, Coffee, Rubber etc.
3. Place where Blue Rebellion took place
4. Place where Tipu Sultan ruled

MAP WORK FOR TERM-II : INDIA POLITICAL MAP

1. Major industrial cities of India-Iron & Steel Producing
2. Highest and least populated states of India
3. Highest and least desily populated states of India
4. Highest and least literacy rate of states of India
5. Highest and least Gender Ratio States of India

SUBJECT : ENVIRONMENTAL EDUCATION (ORAL)

Term-I (April to September)

1. Harnessing Resources
 - (A) Sources of Energy : Renewable and Non-Renewable
 - (B) Renewable Sources : Solar, Wind, Hydro energy bio-waste
2. Balance in Nature
 - (A) Ecosystem and types of Ecosystem
 - (B) Energy flow in food chains
 - (C) Importance of Ecosystem

Term-II (October to March)

1. Impact of Population on Our Environment
 - (A) Impact of Population on Ecosystem
 - (B) Stress on Common Social Facilities
2. Environmental Pollution
 - (A) Causes and Effects
 - (B) Population Growth, Industrialization
 - (C) Impact of Soil, Water and Air Pollution in Life
 - (D) Noise Pollution
 - (E) Acid rain, Green house effect and Global Warming

SUBJECT : SANSKRIT

निर्धारित पुस्तक : रुचिरा तृतीयो भाग: (NCERT)

नोट— पाठ्य-पुस्तक के अतिरिक्त भी कुछ श्लोक व मन्त्र कण्ठस्थ करवाए जाएँगे।

APRIL			
विषय	अधिगम-विषय	कार्यकलाप	कौशल विकास
पाठ-1 सुभाषितानि व्याकरण संख्यावाची शब्द (61 से 80 तक), संज्ञा शब्द - बाला (आकारान्त स्त्रीलिंग), सर्वनाम शब्द - अस्मद्, एतद् (पुल्लिङ्ग)	‘पद्य’ सम्बन्धित विधा से छात्रों को परिचित करवाना, शब्दों का ज्ञान, व्याकरण सम्बन्धित नियमों का ज्ञान देना।	पद्यों का सस्वर वाचन।	छात्रों का बौद्धिक व मानसिक विकास, श्रवण, वाचन, पठन कौशल का विकास।
MAY			
पाठ-2 बिलस्य वाणी... व्याकरण क्रिया शब्द - गम्, पठ् (लङ् लकार), व्यावहारिक शब्दार्थ, अव्यय शब्दों के अर्थ	‘गद्य’ सम्बन्धित विधा से छात्रों को परिचित करवाना, व्यावहारिक शब्दों का ज्ञान करवाना, अव्यय शब्दों के बारे में जानकारी देना।	गद्य वाचन।	छात्रों में कल्पना शक्ति व शब्द ज्ञान का विकास, वाचन कौशल का विकास।
JULY			
पाठ-4 सदैव पुरतो... व्याकरण संज्ञा शब्द - ‘कवि’ (इकारान्त पुल्लिङ्ग), सर्वनाम शब्द - एतद् (नपुंसक लिंग), क्रिया शब्द - गम्, पठ् (लोट् लकार), लिंग परिवर्तन	‘नीति’ सम्बन्धित श्लोकों द्वारा छात्रों को व्यावहारिक ज्ञान समझाना, व्याकरण नियमों को पुनः समझाना।	सद् व्यवहार सम्बन्धित नियमों पर चर्चा करना।	शब्द ज्ञान तथा कल्पना शक्ति का विकास, श्रवण तथा वाचन कौशल का विकास।
AUGUST			
पाठ-5 कण्टकेनैव कण्टकम् पंचामृत के अवयव, ग्रहों के नाम, संस्कृत के प्रसिद्ध कवि एवं उनकी रचनाओं से सम्बन्धित प्रश्नोत्तर	संस्कृत-साहित्य सम्बन्धित पुस्तकों व लेखकों की जानकारी देना।	सामाजिक व्यवहार सम्बन्धित नीति पर चर्चा करना।	रचनात्मक कौशल का विकास, लेखन कौशल का विकास।
SEPTEMBER			
पाठ्यक्रम की पुनरावृत्ति			

OCTOBER			
पाठ-11 सावित्री बाई फुले व्याकरण संख्यावाची शब्द (81 से 100) संज्ञा शब्द-पितृ (ऋकारान्त पुल्लिङ्ग), सर्वनाम शब्द-पुष्प अकारान्त नपुंसकलिङ्ग	स्त्री शिक्षा को बढ़ावा देना, सामाजिक एकता का ज्ञान देना, व्याकरण सम्बन्धित नियमों का पुनः ज्ञान देना।	स्त्री-शिक्षा अथवा सामाजिक एकता पर कोई एक नारा देना	छात्रों का बौद्धिक व मानसिक विकास, श्रवण, वाचन, पठन, कौशल का विकास
NOVEMBER			
पाठ-14 आर्यभट्टः व्याकरण क्रिया शब्द-गम्, पठ् (विधिलिङ्ग लकार) भारतीय महीनों व ऋतुओं के नाम	भारत के प्रसिद्ध आर्यभट्टः (वैज्ञानिक) के जीवन का परिचय बताना व उनकी प्रसिद्धि का ज्ञान करवाना, भारतीय महीनों व ऋतुओं का महत्त्व बताना	महीनों अथवा ऋतुओं के नाम से संबंधित फ्लैश-कार्ड बनाना	छात्रों में कल्पना शक्ति व शब्द ज्ञान का विकास, वाचन कौशल का विकास
DECEMBER			
पाठ-नीतिश्लोकाः व्याकरण सर्वनाम शब्द एतद् (स्त्रीलिङ्ग), क्रिया शब्द गम्, पठ् (लृट् लकार)	नीति संबंधित श्लोकों द्वारा सामाजिक जानकारी देना।	श्लोकों का सस्वर वाचन	शब्द ज्ञान तथा कल्पना शक्ति का विकास, श्रवण तथा वाचन कौशल का विकास
JANUARY			
पाठ-सूक्तयः व्याकरण सर्वनाम शब्द युष्मद्, प्रथम अवधि में से व्यावहारिक शब्दार्थ, अव्यय शब्दार्थ, लिंग परिवर्तन, ग्रहों के नाम व संस्कृत के प्रसिद्ध कवि व उनकी रचनायें	सूक्तियों के द्वारा बच्चों को व्यावहारिक ज्ञान देना।	संस्कृत के किसी एक प्रसिद्ध कवि का चित्र चिपकाकर उसकी रचना का नाम लिखना।	रचनात्मक कौशलता का विकास लेखन कौशल का विकास
FEBRUARY			
सम्पूर्ण पाठ्यक्रम की पुनरावृत्ति एवं वार्षिक परीक्षा			

SUBJECT : MUSIC

Month	Topic	Life Skill	Learning Outcomes
April	• Song on Baisakhi	• Cultural Values	Students will be able to learn history and cultural values.
May	• Labour Day Song • Mother's Day Song	• Respect and appreciation values • Gratitude towards mother	To respect the hard-work of the people in different jobs. To strengthen the family bonding.
July	• Bhajan on Guru Prunima	• Inculcate the values of gratitude towards mentor	They will be able to feel a strong relationship with teacher or mentor.
August	• Patriotic Song	• Patriotism Values	Students learn the sacrifice of freedom fighters.
October	• Dussehra – Ram Bhajan	• Devotional thinking	Students gained the knowledge of victory of good ones evil.
November	• Children's Day Song	• Development of Children's Physical, Mental and Emotional aspects.	Children will be able to understand and aware about their rights.
December	• Evaluation	• Evaluation	
January	• Lohri Song • Patriotic Song	• Cultural Values • Patriotism Values	Gained the knowledge of culture. The learners will learn about the sacrifices of freedom fighters.

SUBJECT : MUSIC INSTRUMENTAL

Month	Topic	Life Skill	Learning Outcomes
April	• 5 sargams on flute	• Build up breath control.	Learner will be able to play sargams on flute.
May	• Sargams on Casio	• Develop Physical skill like fingers, eyes and hands.	Learner will be able to play sargams on casio.
July	• C cord, F cord, G cord on guitar.	• Finger Dexterity	Learner will be able to play different cords on guitar and gain the knowledge of cords.
August	• One Patriotic Song	• Patriotism Values	Learner will be able to learn about the sacrifices of freedom fighters.
September	• Prayer song on casio	• Devotional values	Learner will be able to gain the devotional values and religious knowledge.
October	• Teen taal on Tabla	• Sixteen matra knowledge on Tabla	Learner will be able to play sixteen mantra beat on Tabla.
November	• G cord, D Cord on guitar	• Finge Dexterity	Learner will be able to play different cords on guitar and gain the knowledge of cords.
December	• Dadra taal	• Six mantra beat knowledge	Learner will be able to perform Taal Dadra on Tabla.
January	• Three beat, four beat on Bongo	• Basic Rytham knowledge	Leaner will be able to play three beat, four beat on Bongo.
February	Annual Examination		

SUBJECT : DRAWING

Month	Topic	Life Skill	Activities
April	• Elements of Art • Principle of Art	Students will learn to make a good & beautiful work of art.	• Line, Form, Shape
May	• Still Life • Nature Study	Students will learn the skill of observation.	• Fruits • Landscape
July	• Bird Study • Landscape Art	Design & drawing skills.	• Pencil Shading, Water colours
August	• Human Anatomy • Animal Study	Students will learn anatomy.	• Eyes, Nose, Lips, Lion, Camel
September	• Folk Art	Students will learn about their culture.	• Warli / Mandala Art
October	• Poster Design • Sketching	They will learn to visualise in the classroom to faster student learning.	• Current topic
November	• Calligraphy • Cartoon Character	Artistic Skills Skill of Observation	• Alphabet Writing • Cartoon drawing with Graphite pencil
December	• Rangoli Design • Collage Making	Artistic Skills Design of drawing skills	• Geometrical Print • Landscape
January	• Free hand Design • Mosaic Art	Knowledge development Artistic Skills	• Landscape • Mickey Mouse
February	Annual Examination		

SUBJECT : DANCE

Month	Topic	Learning Outcomes	Life Skills – Values
April	• Knowledge of folk dances of India	Bhangra, Rajasthani, Tribal Dance, Haryanvi, Gujrati etc.	Cultural Values
May	• Tatkaar in Teentaal or Jhaptaal	Hand Movements or footwork of Both taals	Memories Skills and Boost Stamina
June	Summer Vacations	–	–
July	• That, Aamad, Tora, Tukda in Both Taals	Postures, gestures, and Demonstration of Chakras	Physical workout
August	• Patriotic Dance (Semi Classical)	Hand Movements and Stage performance	Aazadi Ka Amrit Mahotsav
September	• Evaluation	–	–
October	• Demonstration of Chakkar	One foot, Three feet and five feet	Explore the Kathak Techniques
November	• Paran, Chakardar Paran Jugalbandi	Children learn Kathak techniques of various style	Physical Workout and Thinking Skills
December	• Basic Knowledge of Western and Bollywood Dance	Body fitness	Rhythmic Skills
January	• Patriotic Dance	Vande Matram	Unity is diversity
February	• Annual Evaluation	–	–

SUBJECT : GENERAL KNOWLEDGE

BOOKS : KNOWLEDGE TREE (Geeta Publications)

TERM-I (April to September)

Ch–1 to 37

Revision Test-1 and 2 (Page No. 25 and 46)

Model Test Paper 1 (Page No. 47)

TERM-II (October to March)

Ch–38 to 70

Revision Test-3 and 4 (Page No. 65 and 85)

Model Test Paper-II (Page No. 86)

SUBJECT : ETHICS

TERM-I (April to Sept.) :

1. Patriotism
2. Time is Precious
3. Health and Hygiene

TERM-II (Oct. to March) :

1. Our Duties towards Our Society
2. Hardwork leads to Success
3. Each one Teach one

- * Topics will be discussed by the teacher and questions per topic will be given.
- * Students must try to instill these values in their lines.

SUBJECT : CRAFT

Month	Topic	Life Skill	Activities
April	• Wall hanging with cardboard and paper • Pebble Art	Creativity	
May	• Warli hanging	Fine motor skills	
July	• Silhouette on newspaper	Concentration	
August	• File cover making	Focus	
September	• Wind chime	Patience	
October	• Ice cream stick decorative piece • Bottle Craft	Creativity	
November	• Funk with Junk	Create Positive energy	
December	• Flower making	Creativity	
January	• Table mat	Concentration	
February	Annual Examination		

SUBJECT : HEALTH AND PHYSICAL EDUCATION

Month	Topic	Learning Outcomes	Life Skills – Values
April	- General exercises - First aid box (prepare box)	Reduce health Risk	Learner will be able to improve muscular and cardiorespiratory fitness.
May	- Mass P.T. Exercises - Specific Exercises	Strengthen bones and muscles	It will improve brain health, help manage weight.
July	Major games- Football, Handball, Volleyball, Badminton, Kho-Kho, Table Tennis, Yoga, Chess, Kabaddi	Build healthy environment of all games	Improve ability to learn skills of different games.
August	- Yog and Meditation - Road Safety Rules - Combative games–Judo, Wrestling	Reduce psychological stress	It will improve flexibility, strength, balance.
October	Athletics– 100m, 200m, 400m, 800m, Relay races, Long Jump, High Jump, Shot Put, Discus Throw, Hurdle Race	Maintain good health, strength, endurance, flexibility	Help to perform at best and reduces the risk of injuries.
November	Inter Class Sports Competition	Develop and use skills in a variety of areas	Help in achieving their high standards in sports performance.
December	- General exercises - Specific exercises	Prevent health Problems	Improve ability to do everyday activities.
January	- General discussion regarding Discipline, Health and Hygiene and moral values - Recreational games	Overall growth	Preventing the spread of infectious diseases.
February	Annual Examination		